



Penalty Kick Procedure

⊗ = Ball. → Direction of restart → Direction of Referee

The penalty kick procedure is very similar to what the referee does outdoors. The positions of the players are similar, however **indoor** has no rule that the players must be behind the ball. R1, the lead referee, will have the restart whistle. R2 hangs back and looks for encroachment from the back-side. R2 should be ready for a quick counter-attack should the defending **goalkeeper** stop the kick. **The player, (A) taking the kick**, must wait for a whistle, and the ball must be played forward. **The player taking the kick** may not play the ball a second time, unless the ball has touched another player. A "second-touch" infraction results in a free kick for the other team awarded at the spot where the second touch occurred. (Subject to restart conditions elsewhere in the rules)

Since a penal time-penalty **will always** be awarded for a penalty kick, the player who has committed the foul ⊕ will be placed in the penalty box. R2 will be responsible for noting the countdown starting time at the subsequent restart, and may relay it to R1 at the next possible moment. (Subject to the exclusion if the PK scores directly)

At the awarding of a penalty kick, R1 and R2 may choose to change positions for the restart, as this would put the referee who awarded the time-penalty. i.e., R1 at the time, opposite the bench area. R1 becomes R2. This mechanic, of moving the referee farthest away, helps stop bench dissent and chatter which could lead to subsequent misconduct time penalties.